

Promotion and Relegation

The promotion and relegation system will be based on the competitor's position at the end of preliminary round..

Promotion:

- In each group, competitors finishing in the Promotion Zone (top 20%) at any national gala event (not national finals) will be entitled to move up a grade at the next competition.
- This entitlement only applies to the next competition they compete. If they choose to enter the next eligible competition at the same level, they will lose this entitlement and must finish in the Promotion Zone again to be entitled to move up.

Relegation:

- In each group of 12 or more competitors, competitors finishing in the Relegation Zone (bottom 20%) will be issued a 'caution'.
- If a competitor with a 'caution' finishes their next competition outside the Relegation Zone, the 'caution' will be rescinded.
- If a competitor finishes in the Relegation Zone at two consecutive competitions they will be required to move down a grade.
- Any competitor who believes they have a case not to be relegated should make a formal written application to the National Competition Working Party via email – tramp.comps@british-gymnastics.org
- Voluntary relegation is available to performers who no longer wish to compete at any given level. Any performer who elects to "self-relegate" will not be eligible for promotion until the subsequent competition season.

Nationals Qualification

In order to qualify for Nationals a competitor must have achieved a top 50% place in the grade they are competing in and finished in that grade at the end of the season. Please note that there are three different Nationals as listed below:

- British Double Mini Trampoline Championships (FIG A)
- British Double Mini Trampoline Age Group Competitions (FIG B)
- National C Age Group Finals (NAT C)

Requirements

Note that requirements for all grades can be combined in each element.



TRAMPOLINE TECHNICAL COMMITTEE

DOUBLE MINI TRAMPOLINE COMPETITION GRADES

(Effective 1st January 2011)

This leaflet summarises the DMT Competition structure. For more details please see the National Competition Structure handbook, available from the BG Web Site.

Minimum/Maximum Requirements

If a gymnast fails to meet the minimum pass requirements in a **complete pass** then the form judges will apply a 0.5 deduction. The deduction can only be applied once per pass.

If a gymnast fails to meet the minimum round requirements then the form judges will apply a 0.5 deduction from their score for the last pass in that round.

If a gymnast performs a pass which exceeds the maximum difficulty, the difficulty judge will display the capped difficulty for the pass.

Moving Grades

Moving between grades is now managed through the Promotion and Relegation process which is detailed on the back of this leaflet.

Competitors that did not enter a National DMT event in 2010 should start in Regional E, but coaches may request that they start at a higher grade by writing to the Competition committee with justification.

Clothing

As per the FIG/BG code of points

World FIG A (Senior)

This is the minimum grade for gymnasts wanting to be selected to represent Great Britain at Senior events.

- Min Age:** 15+ (Senior) – Born 1996 or later
- Min/Max DD:**
- Each **skill** must have at least 360° of somersault rotation
 - Each **pass** must contain at least one skill with 720° of somersault rotation
 - Each **round** must contain a pass containing two skills each with a minimum of 720° of somersault rotation
- Relegation:** World FIG B (World Age Groups)
- Nationals:** British Double Mini Trampoline Championships

World FIG B (World Age Groups)

This is the minimum grade for gymnasts wanting to be selected to represent Great Britain at Age Group events.

- Age Groups:** Under 15 (Junior) – Born 1997 - 2002 inclusively 15+ (Senior) – Born in 1996 or later
- Min/Max DD:**
- Each **skill** must have at least 360° of somersault rotation
 - Each **pass** must contain a skill with either;
 - 1) a minimum 360° of somersault rotation and a minimum of 540° of twisting rotation
 - or
 - 2) a minimum of 720° of somersault rotation
- Promotion:** World FIG A (Junior)
- Relegation:** National C
- Nationals:** British Double Mini Trampoline Age Group Competitions

National C

- Age Groups:** Under 15 (Junior) – Born 1997 - 2002 inclusively 15+ (Senior) – Born in 1996 or later
- Min/Max DD:**
- Each **skill** must have at least 360° of somersault rotation
 - The **Prelim round** must include a **pass** where the spotter or mount skill is either a **Barani, Rudy** or **Half-out**
 - Each **round** must contain a **pass** with a skill containing either;
 - 1) a minimum 360° of somersault rotation and a minimum of 360° of twisting rotation
 - or
 - 2) a minimum of 720° of somersault rotation
 - **Maximum difficulty** capped at **3.0**
- Promotion:** World FIG B (World Age Groups)
- Relegation:** Regional D as from 1st January 2012
- Nationals:** National C Age Group Finals

Regional D

- Age Groups:** Under 15 (Junior) – Born 1997 - 2002 inclusively 15+ (Senior) – Born in 1996 or later
- Min/Max DD:**
- Each **skill** must have at least 360° of somersault rotation
 - The **Prelim round** must include a **pass** where the spotter or mount skill is a **Barani**
 - **Maximum difficulty** capped at **2.4**
- Promotion:** National C

Regional E

- Age Groups:** Under 15 (Junior) – Born 1997 - 2005 inclusively 15+ (Senior) – Born in 1996 or later
- Min/Max DD:**
- Each **pass** must have a skill with at least 360° of somersault rotation
 - **Maximum difficulty** capped at **1.3**
- Promotion:** Regional D