



HOW TO APPLY FOR UKCC COACHING COURSES:

Apply online @ www.british-gymnastics.org and visit coaching courses to see a full list of available courses.

Course details are also available online @ www.northernirelandgymnastics.org



HOW TO APPLY FOR GENERIC COURSES:

Contact Rachael Stewart, Support Officer at the GNI Office:

Tel: 028 90 99 42 88

Mob: 077 42 34 29 23

Email: admin@northernirelandgymnastics.org



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COURSE DESCRIPTIONS & PRE-REQUISITIES

UKCC level 1 – Assistant Coach

Who is it for?

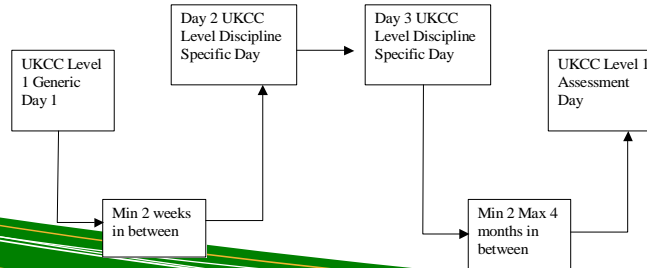
Anyone interested and involved in gymnastics! If you want to encourage others into gymnastics or help existing gymnasts to improve their skills then this is the award for you. You could be someone with family members involved in gymnastics, someone wanting a career instructing, or an experienced gymnast wanting to move into coaching. You must be 16 years old to attend a UKCC level 1 coaching course.

What can a Level 1 coach do?

You can assist higher-level coaches, delivering coaching sessions under their supervision.

Can a Level 1 coach run sessions on their own?

No. A Level 1 coach must be supervised at all times.



UKCC level 2 – Coach

What is the new Level 2 Award?

This is the next step on the gymnastics-coaching pathway. It increases knowledge in the fundamentals of good coaching and coach technical and sport specific aspects of your sport.

Who is it for?

Level 1 Coaches wishing to increase their knowledge and coaching skills in gymnastics. You must be 18 years old to attend this course.

Is it discipline specific?

Yes, however a qualification in General Level 2 is an excellent start on the coaching ladder.

What can a Level 2 coach do?

A level 2 coach is allowed to run their own club at a basic or recreational level. Coaches looking to run their own club should also attend a BG Club Management Module within one year of starting their club.



EDUCATION CALENDAR 2010

COURSES OPEN TO ALL

Leading ~ Supporting ~ Performing



Courses 2010

UKCC Level 2 General Gymnastics Coaching Course

Dates:

Day 1 – Saturday 10th July

Day 2 – Saturday 24th July

Day 3 – Sunday 25th July

Day 4 – Saturday 28th August

Day 5 – Sunday 29th August

Assessment: 18th December 2010

Venue: Twisters GC

Tutor : Tanya Toss

UKCC Level 1 Acro Coaching Course

Dates:

Day 1 – Saturday 7th August 2010

Day 2 – Saturday 6th November 2010

Day 3 – Sunday 7th November 2010

Tutors: Sinead Connolly

Venue: Rathgael GTC, 1 Banklane Bangor, BT23 5EG

Assessment: 6th February 2011

UKCC Level 1 General Gymnastics Coaching Course

Dates :

Day 1 – Saturday 11th September 2010

Day 2 – Saturday 2nd October 2010

Day 3 – Sunday 3rd October 2010

Assessment: 19th March 2011

Tutor: Karen Graham & Tanya Ross

UKCC level 1 Pre-School Coaching Course

Dates:

Day 1 – Saturday 18th September

Day 2 – Saturday 16th October

Day 3 – Sunday 17th October

Assessment: 8th & 9th January 2011

Tutors: Karen Graham & Dawn Dornan

Venue: Salto N.G.C, Lisburn

UKCC Level 1 Artistic Coaching Course

(MAG & WAG)

Dates (TBC):

Day 1 – Saturday 25th September 2010

Day 2 – Sunday 26th October 2010

Day 3 – Saturday 23rd October 2010

Day 4 – Sunday 24th October

Assessment: 15th & 16th January 2011

Venue: Salto N.G.C

Tutor: Aidan O'Reilly & Mandy McMaster

UKCC Level 2 General Gymnastics Coaching Course

Dates:

Day 1 – Saturday 9th October 2010

Day 2 – Saturday 30th October 2010

Day 3 – Sunday 31st October 2010

Day 4 – Saturday 27th November 2010

Day 5 – Saturday 4th December 2010

Assessment: 5th March 2011

Venue: Banbridge L..C, Banbridge

Tutor : Tanya Toss & Sinead Connolly

UKCC Level 1 Trampoline Coaching Course -

Dates:

Day 1 – Saturday 16th October 2010

Day 2 – Saturday 30th October 2010

Day 3 – Saturday 6th November 2010

Assessment: 8th January 2011

Tutor: Ann Marie Barr

Venue: Antrim Forum.

NEXT CYCLE 5/6 LEVEL 1 UPDATE TO UKCC COURSE

Date: Saturday 25th September 2010
Venue: University of Ulster Jordanstown
Tutor: Sinead Connolly

GENERIC COURSES

Safeguarding Children and Young People in Sport

Dates:

Monday 13th September

Venue: Newforge Country Club, Belfast

Child Protection Designated Officer Training

Dates:

Monday 20th September

Venue: Newforge Country Club

Equity in Your Sport

Dates: Tuesday 12th October 2010

Venue: Newforge Country Club, Belfast

Sports Specific First Aid Course

Dates:

Monday 6th September & Tuesday 7th September

Monday 1st November & Tuesday 2nd November

Venue: NIFAS Training Centre, Antrim

Are you a Cycle 5/6 level 1 assistant Coach?
Want to be a level 2 Coach?
Attend an update course now before the next UKCC
level 2 coaching course
(Check out our website for the latest update course)

TBC – to be confirmed....

Please check our website for the most up to date information on course details such as dates, times, venue etc.